

A MEN'S HYROX RETREAT

TRAIN HARD. RECOVER HARD.

20–22 MARCH 2027

The Initial Sama, Singapore

PUSH RESET

Retreat rooms & prices

YEN FENG × FARHAN RAIS

STUDIO.

21 m² / THE INITIAL SAMA



Photo by The Initial Sama

An open-plan studio with a pantry, work desk and en-suite bathroom. Twin beds are available on request.

TWO-NIGHT RETREAT PACKAGE

SGD nett per person

OCCUPANCY	EARLY BIRD	STANDARD
Two guests sharing	**S$990**	S$1,090
One guest · private studio	**S$1,190**	S$1,290

ONE-BEDROOM SUPERIOR.

35 m² / THE INITIAL SAMA



Photo by The Initial Sama

The bedroom is separate from the living area, with space to read or stretch between sessions.

TWO-NIGHT RETREAT PACKAGE

SGD nett per person

OCCUPANCY	EARLY BIRD	STANDARD
Two guests sharing	**S$1,030**	S$1,130
One guest · private apartment	**S$1,270**	S$1,370

ONE-BEDROOM DELUXE.

42 m² / THE INITIAL SAMA



Photo by The Initial Sama

A separate bedroom, a larger living and dining area, and a kitchen with an induction hob.

TWO-NIGHT RETREAT PACKAGE

SGD nett per person

OCCUPANCY	EARLY BIRD	STANDARD
Two guests sharing	**S$1,090**	S$1,190
One guest · private apartment	**S$1,390**	S$1,490

TWO-BEDROOM DELUXE.

65 m² / THE INITIAL SAMA



Photo by The Initial Sama

Each bedroom has a double bed and its own bathroom. The living and dining space is shared.

TWO-NIGHT RETREAT PACKAGE

SGD nett per person

OCCUPANCY	EARLY BIRD	STANDARD
Four guests · two per bedroom	**S$1,065**	S$1,165
Two guests · one per bedroom	**S$1,340**	S$1,440
One guest · entire apartment	**S$1,890**	S$1,990

ROOM PRICES.

Push Reset · Men's HYROX Performance & Recovery Retreat

SGD nett per person for the full two-night retreat.

OCCUPANCY	EARLY BIRD	STANDARD
STUDIO		
Two guests sharing	**S$990**	S$1,090
One guest · private studio	**S$1,190**	S$1,290
ONE-BEDROOM SUPERIOR		
Two guests sharing	**S$1,030**	S$1,130
One guest · private apartment	**S$1,270**	S$1,370
ONE-BEDROOM DELUXE		
Two guests sharing	**S$1,090**	S$1,190
One guest · private apartment	**S$1,390**	S$1,490
TWO-BEDROOM DELUXE		
Four guests · two per bedroom	**S$1,065**	S$1,165
Two guests · one per bedroom	**S$1,340**	S$1,440
One guest · entire apartment	**S$1,890**	S$1,990